



March 16, 2020

Dear Grandview Pro Fitness Family,

By now I am sure you have all heard that Governor Dewine has ordered a mandatory closure of gyms and fitness centers in Ohio to help contain the COVID-19 pandemic. As a physician I can appreciate the efforts of the Ohio Department of Health to limit the spread of this highly contagious virus and to save as many lives as possible. As a business owner I feel it is very important to do our part and to help support this important effort. As a gym enthusiast I feel a sense of loss. For me exercise is a vital part of my existence. It is essential to both my physical and mental health. The gym is one of my favorite places to be. Most of my friendships were forged at the gym. The gym is where I feel happy and accepted. It is where most of my most meaningful social interactions occur. It is a place where I can purge my inner demons. I will certainly feel a big loss for the next few weeks until we can open again. I know many of you feel the same way as I do.

There are a few silver linings. Having Grandview Pro Fitness closed will allow us to finish the renovations more quickly. We will be able to do a more extensive renovation, as there are a few things (such as removing the big wall behind the dumbbell rack) that could only be performed by closing the gym for a period of time. When we do re-open GPF will be better than ever. Hopefully you will all continue to be members at Grandview Pro Fitness. We very much appreciate all of your support during these challenging times. In the meantime let's all stay healthy and optimistic. Before long we will all be back at GPF pumping iron, listening to loud music and making some lifelong friendships.

Best wishes,

Shawn Bailey M.D.